



Hwang's School of Martial Arts

1647 Whitney Avenue
Hamden, CT. 06517

(203) 281-4822

hwangshamden@yahoo.com

www.hwangs.us

Valid as of February 28, 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Judo – Adult (9:00-10:00)
					Judo – Children (10:00-11:00)
					Children All Belts (11:00-12:00)
	Hapkido (12:00-1:00)		Hapkido (12:00-1:00)		<u>Family Class & Adult Class</u> (12:00-1:00)
Children Beginner (4:30-5:20)	Children Red to Black (4:30-5:15)	Children Beginner (4:30-5:20)	Children Red to Black (4:30-5:15)		
Little Dragons (5:20-5:50)	Children Green to Blue (5:15-6:00)	Little Dragons (5:20-5:50)	Children Green to Blue (5:15-6:00)	Little Dragons (5:00-5:30)	
Children Advanced (5:50-6:40)	Children White - Yellow (6:00-6:45)	Children Advanced (5:50-6:40)	Children White - Yellow (6:00-6:45)	Tae Kwon Do All Belts (5:30-6:30)	
<u>Family Class Tae Kwon Do</u> (6:40-7:30)	Adult TKD (6:45-7:45)	<u>Family Class Tae Kwon Do</u> (6:40-7:30)	Adult TKD (6:45-7:45)		
<u>Aikido</u> (7:30-8:30)	Hapkido (7:45-8:45)	<u>Aikido</u> (7:30-8:30)	Hapkido (7:45-8:45)		
	Judo – Adult (8:45-9:45)		Judo – Adult (8:45-9:45)		

Note: Classes are canceled on Major Holidays and Promotion testing days

Korean counting: (1) Ha Na, (2) Dool, (3) Set, (4) Net, (5) Da Sut, (6) Yuh Sut, (7) Il Gop,
(8) Yuh Duhl, (9) Ah Hope, (10) Yuhl

Little Dragons = Children 3 to 5 years
Children = Ages 6 - 13
Adults = Ages 14 and up

10 Articles of Faith on Mental Training

1. Be Loyal to your country
2. Be obedient to your Parents
3. Be Cooperative between brothers and sisters
4. Be lovable between husband and wife
5. Be faithful between friends
6. Be respectful to your elders
7. Be faithful between teacher and student
8. Never use knowledge without just cause
9. Never retreat in battle
10. Always finish what you start